

LOCAL FOOD RESOURCE LIST (*Littleton/Highlands Ranch - Colorado*)

This is a resource listing of foods raised by traditional, non-toxic methods, milk products from pasture-fed livestock, pasture-fed eggs and livestock, and properly produced whole foods in our area.

Local Farms

Tom Bay Farm Stand – All natural meat, poultry, organic fruit, produce and baked goods. *Products available through High Plains Food Co-op.*

Buck Bongard
www.tonbayfs.com bucknbongard@hotmail.com
375 N Tom Bay Rd
Bennett, CO 80120
423-292-0743

MovCo Cheese Company, Inc. *Products available through High Plains Food Co-op.*

1401 Duff Drive #300
Fort Collins, CO 80524
www.MouCo.com
Sarah Ezell
970-498-0170

Eastern Plains Natural Foods – All natural meat & poultry direct to consumer. Humanely Free Ranged and Naturally Prairie Foraged. *Products available through High Plains Food Co-op*

Dallas Gilbert
P.O. Box 224
Bennett, CO 80101
303-644-4079
Co_op@easternplains.com
www.easternplains.com

Coturnix Creamery – Sheep's Milk Products – Pasteurized milk, cheeses and ice cream. Windsor, CO info@coturnixcreamery.com - 28607 County Rd 17, Windsor, CO 80550, 970-686-6960. *Products available through High Plains Food Co-op*

Cozy Cow Dairy – 28607 County Rd 17, Windsor, CO 80550, 970-686-6960 – www.cozycows.com. *Products available through High Plains Food Co-op*

Local Farms, continued

Ela Family Farms – Colorado grown since 1907. Organic fruit picked at the peak of flavor. Shop online or call 970-872-3488. www.elafamilyfarms.com. *Products available through High Plains Food Co-op*

Rowdy Stickhorse Goat Milk Laundry Powder – hand made by Bailey Rink with no added fillers or toxic bubbling agents. Our laundry powder will remove even the toughest stains such as wine, grease, olive oil, wax, lipstick, crayons, fruit juice, motor oil, plus it neutralizes odors too. 580-336-1830 www.rowdystickhorse.com. *Products available through High Plains Food Co-op*

Laura Reeser – **Prairie House Herbs and Treasures**; gardening and cooking consultant; crafting projects. 970-352-2677 or 785-332-4644 cell. 424 7th Street, Greeley, CO 80631. rlreeser@yahoo.com *Products available through High Plains Food Co-op*

Windsor Dairy, Windsor, CO – Raw Milk, Raw Cheese, Grass-Fed Beef, Whey-Fed Pork. www.windsordairy.com

Flying B Bar Ranch, Strasburg, CO - [Certified American Grassfed Association Beef Producer](#). <http://flyingbbar.com>

Denver Botanic Gardens has a CSA at Chatfield location -

<http://www.chatfieldcsa.org/> - Denver Botanic Gardens and Kaiser Permanente have created a first-of-its-kind community supporting agriculture (CSA) program. The community farm provides fresh local produce to Colorado families and organizations that serve communities in need from the Rocky Mountain Region.

Isabelle Family Farm, Louisville, CO- <http://www.isabellefarm.com/> - Isabelle Farm is a family-run, Certified Organic farm that grows more than 100 varieties of produce on 80-plus acres in Boulder County. We sell our produce at the Boulder Farmer's Market, at our on-farm [Farm Stand](#), through our [CSA Farm Share Program](#), and to local [restaurants](#), [food preservers](#), and [wholesale](#).

Cottonwood Creek Farm - <http://www.cottonwoodcreekfarms.com/> Pasture raised eggs.

Denver Urban Homesteading, Denver, CO is an urban agricultural center near Downtown Denver in a large commercial-industrial building at 200 Santa Fe Drive, on the corner of 2nd Avenue and Santa Fe Drive.
<http://www.denverurbanhomesteading.com/>

MARKET HOURS: THURSDAY AND FRIDAY 3-7PM; SATURDAY 9AM - 3PM. All of the farmers come to the Saturday market; they are working during the week but we can still sell you their products!

Local Farms, continued

Callicrate Ranch and Ranch Foods Direct, Colorado Springs, CO -
<http://www.callicratebeef.com/index.htm>

Health Food Stores

Two Mile Ranch Market – corner of University and Orchard. 5910 S University Blvd Greenwood Village, CO 80121. The actual Two Mile Ranch is located in Northeastern Colorado near the towns of Sterling and Stoneham. We are a family owned and operated ranch and have been raising cattle on the beautiful spring-fed Two mile Creek since the middle of the last century. Our highly successful registered Angus program began in 1983, and we are proud to breed and raise some of the top cattle in the entire country. www.2mileranchmarket.com

Natural Grocers by Vitamin Cottage - <http://www.naturalgrocers.com/>. Many locations, but our closest one is:

[Centennial - Cherry Knolls](#)
[6774 S. University Blvd.](#)
[Littleton, CO 80122](#)

Sprouts Market, <http://sprouts.com/>. Many locations, but our closest one is:

[COLORADO - Littleton](#)

Store #320
8601 W. Cross Dr.
Littleton, CO 80123
(720) 214-0410
Open daily 7:00 a.m. - 10:00 p.m.

India's Market - (720) 200-4874
8130 S University Blvd Ste 115, Centennial, CO
<http://indiasmarket.com/>
Mon-Sat: 11:00am - 8:30pm
Sun: 11:00am - 6:00pm
Closed on Tuesdays

Organic Foods for Home Delivery

Door-to-Door Organics - <https://www.doortodoororganics.com/>

Door to Door Organics makes online grocery shopping easy by quickly delivering fresh, organic produce & local groceries to your home or office.

Mile High Organics - <http://www.milehighorganics.com/> 303•835•1212

Farmers Markets

<http://www.denverfarmersmarket.com/locations.htm> (check the website for each locations operating times. Seasonal openings)

Saturdays at Southwest Plaza

Sundays at Highlands Ranch Towne Center

Mondays at Aurora's Havana Exchange

Tuesdays at Calvary Temple

Wednesdays at Littleton's Aspen Grove

Thursdays at Wheat Ridge

CO-OPs

High Plains Food Co-op – www.highplainsfood.org – 785-626-6082: They bring the farmers market to you. They offer foods that are natural, organic, additive and preservative free. All natural or organic meats and fresh vegetables, artisan breads, frozen, ready to eat meals and more. \$40 membership. Ordering opens between the 1st of the month and the 2nd Thursday of the month and food is ready at pickup points on the 3rd Thursday of the month.

Websites with More Information

LiveWellColorado - <https://about.livewellcolorado.org/what-is-livewell/who-we-are>

American Grassfed Association – www.americangrassfed.org

Slow Food Denver – www.slowfooddenver.org